



ANTILLES

CROSS COUNTRY



CONDITIONS:

89°F
Sunny, Hot, Humid

Thursday, September 28th, 2023

University of the Virgin Islands Golf Course

FOCUS ON:

Keeping a steady pace
Pumping your arms and knees

ELEMENTARY GIRLS (1 MILE)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Kailani Brown	4 th /24	8:08/MILE	8:08				
Caddie Wagner	5 th /24	8:37/MILE	8:37				
Gianna Smalls	6 th /24	8:56/MILE	8:56				
Sophia Rose-Bell	7 th /24	9:05/MILE	9:05				
Victoria Margolis	9 th /24	9:33/MILE	9:33				
Kiera Sammy	10 th /24	10:00/MILE	10:00				
Lisa Li	11 th /24	10:02/MILE	10:02				
London Taylor	12 th /24	10:12/MILE	10:12				
Annabel Boschulte	15 th /24	11:12/MILE	11:12				
Lucy Perry	16 th /24	11:18/MILE	11:18				
Savanah Gabriel	18 th /24	12:00/MILE	12:00				
Tammi Vu	19 th /24	12:04/MILE	12:04				
Nila Gardner	22 nd /24	12:42/MILE	12:42				
Surina Durand	24 th /24	13:21/MILE	13:21				
Valentina Valbuena	-	-	DNC				
Alania Larcheveaux	-	-	DNC				
Azula Hodge	-	-	DNC				

ELEMENTARY BOYS (1 MILE)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Ian Forde Junior	2 nd /18	6:50/MILE	6:50				
Roman Overmyer	3 rd /18	7:05/MILE	7:05				
Camden Workman	4 th /18	7:09/MILE	7:09				
Thomas Vu	13 th /18	10:27/MILE	10:27				
Joshua LaPlace	17 th /18	14:48/MILE	14:48				

MIDDLE SCHOOL GIRLS (2 MILES)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Carmen Robinson	8 th /14	13:07/MILE	26:14				

MIDDLE SCHOOL BOYS (2 MILES)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Kolin Sammy	2 nd /27	6:58/MILE	13:56				
Max Nichols	9 th /27	9:32/MILE	19:04				
Jacob Kalloo	15 th /27	10:38/MILE	21:17				
Gray Lewis	16 th /27	10:40/MILE	21:21				

JUNIOR VARSITY GIRLS (2 MILES)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Mia Benjamin	6 th /6	13:14/MILE	26:28				

JUNIOR VARSITY BOYS (2 MILES)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Alejandro Rosario	-	-	DNC				

VARSITY BOYS (2 MILES)

ATHLETE	PLACE	PACE	09/28	10/5	10/12	10/19	10/26
Jack Oram	3 rd /10	7:23/MILE	14:45				
Ethann Hobby	9 th /10	10:21/MILE	20:42				

*DNC (Did Not Compete)