



ANTILLES CROSS COUNTRY

SEPTEMBER 2023



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

						1		2	
3	4	5	6	7	8	9			
10	11	12	13	14	15	16			
		FIRST OFFICIAL DAY OF PRACTICE! @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM <i>*UPPER SCHOOL BACK TO SCHOOL NIGHT @6:00PM</i>	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM <i>*LOWER SCHOOLBACK TO SCHOOL NIGHT @6:00PM</i>					
17	18	19	20	21	22	23			
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM					
24	25	26	27	28	29	30			
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	FIRST CROSS COUNTRY MEET! @ UVI GOLF COURSE 4:00PM START					



ANTILLES CROSS COUNTRY

OCTOBER 2023



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1	2	3	4	5	6	7
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	CROSS COUNTRY MEET @ UVI GOLF COURSE 4:00PM START		
8	9	10	11	12	13	14
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	CROSS COUNTRY MEET @ UVI GOLF COURSE 4:00PM START		
15	16	17	18	19	20	21
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	CROSS COUNTRY MEET @ UVI GOLF COURSE 4:00PM START		
22	23	24	25	26	27	28
		XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	XC PRACTICE @ ANTILLES FIELD 3:20PM-5:00PM	CROSS COUNTRY MEET @ UVI GOLF COURSE 4:00PM START		
29	30	31				